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SYMBOLS



Warning



**High temperature
when blending hot
liquids**



Do not immerse



**Read and understand
owner's manual**



**Operate with lid and
lid plug in place**



Electrical shock hazard



**Never touch moving
parts. Keep hands
and utensils out of
container**



**Unplug while not in
use, before cleaning,
changing accessories
or approaching parts
that move in use**



**Do not insert items
into container while
blender is in use**

INTENDED USE

1. This blender is intended for **HOUSEHOLD USE ONLY** and is not intended to be used to prepare food for commercial sale or in other commercial uses. This appliance is intended to be used in household applications in addition to use in farmhouses and by clients in hotels, motels, and other residential type environments.
2. This blender is not intended for use by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
3. This blender is not intended for use by children and close supervision is necessary when used near children. Children should be supervised to ensure that they do not play with the blender.

SAVE THESE INSTRUCTIONS

NOTICE: THE FAILURE TO FOLLOW ANY OF THE IMPORTANT SAFEGUARDS AND THE IMPORTANT INSTRUCTIONS FOR SAFE USE IS A MISUSE OF YOUR VITAMIX BLENDER THAT CAN VOID YOUR WARRANTY AND CREATE THE RISK OF SERIOUS INJURY.

IMPORTANT INSTRUCTIONS FOR SAFE USE

⚠ WARNING



To Avoid Injury.

Read and understand instruction manual before using this machine.
Basic safety precautions should be followed, including the following.



1. Read all instructions, safeguards, and warnings before operating blender.
2. Operate only when the blender is on a flat and stable surface, free from standing water. Do not let the container, motor base or power cord touch hot surfaces or hang over the edge of a table or counter.
3. Do not fill the container beyond its stated capacity. The maximum capacity is marked on the container.
4. Always begin blending with lid and lid plug firmly in place. Do not operate blender with the lid removed. The lid plug should be removed only when adding ingredients and when using the tamper.
5. The tamper fitting your container can only be used when the lid is firmly locked in place. Use the lid and the tamper that fit your container. Lids and tampers are not interchangeable between different container styles, types, and sizes. If a tamper came with your container, it is the correct tamper for use with the container.
6. Always start the blender with the variable speed dial set to 1 and the High/Low switch in the low position. Never start on speeds above 1 or with the High/Low Switch in the the high position when blending hot liquids to avoid possible burns. Always blend hot liquids with the lid and lid plug firmly in place. Keep hands and other exposed skin away from the lid plug when blending hot contents.
7. Never touch moving parts. Switch off the appliance and wait until the blades stop moving before removing the container from the motor base and opening the container.
8. Switch off the appliance and disconnect from power supply before changing accessories or approaching parts that move in use.
9. Do not leave or store foreign objects, such as spoons, forks, knives or the lid plug in the container. Starting the blender with a foreign object in the container will damage the blender and may cause injury.
10. Do not operate the blender with a damaged cord or plug. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
11. Blades are sharp. Use extreme care when emptying the bowl and during cleaning to avoid injury.
12. Keep hands and utensils out of container while blending to reduce the risk of severe injury to persons or damage to the blender. A rubber scraper or spatula may be used, but only when the container is removed from the motor base and the blades are not moving.
13. Do not operate with loose or damaged blades. Do not remove blade assembly from the container. Contact your nearest Vitamix authorized service representative for service or replacement.
14. Do not use outdoors.
15. When making nut butters or oil-based foods, do not process for more than one minute after the mixture starts to circulate in the container. Processing for longer periods can cause damage to the container and motor overheating.

⚠ WARNING



Electrical Shock Hazard, Risk of Fire or Injury.

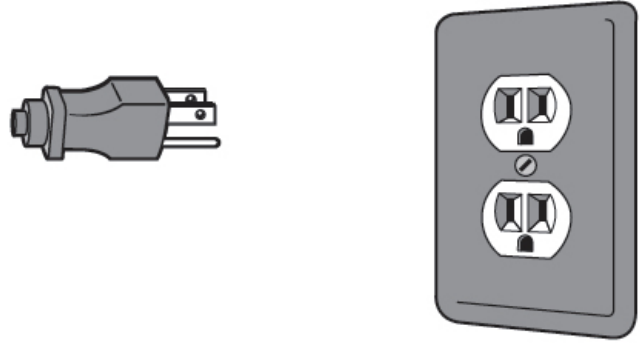
Always disconnect power before cleaning motor base or when not in use.
Do not put the motor base in water or other liquid.
Do not alter or modify any part of the motor base or container.
Do not use attachments not expressly authorized or sold by Vitamix.
Use grounded outlet only.
DO NOT remove ground.
DO NOT use an adapter.
DO NOT use an extension cord.
Failure to follow instructions can cause death or electrical shock.



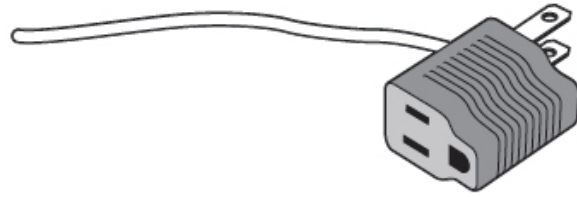
PREPARING FOR USE

Please place the Vitamix in a level, dry location. After ensuring that the power switch is off, insert the plug into the outlet. We recommend using an outlet that has a ground connector.

The power cord has a three-prong plug, or grounded plug. This design is for safety by connecting to ground. This plug can be inserted into a standard three prong outlet.

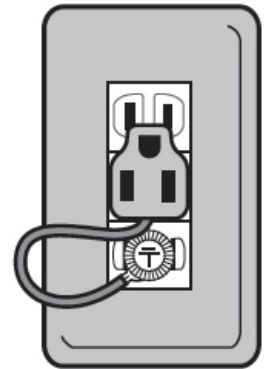


If you do not have a three-prong outlet, you can plug the power cord into a typical two prong outlet by using an adapter.



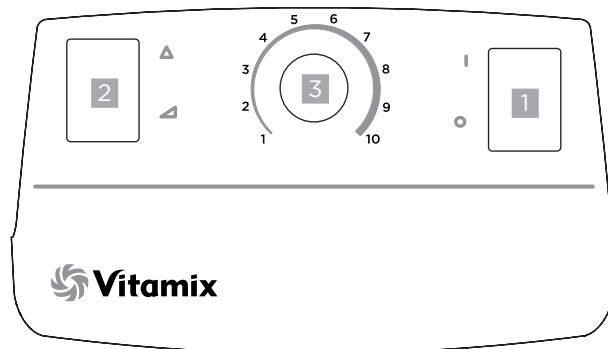
If you are uncertain whether your outlet's electrical wiring is connected to ground, please consult with an electrician. When connecting the machine to a two prong outlet, first ensure that the outlet is wired correctly, then connect it to the outlet's grounding screw.

Once your Vitamix is correctly plugged in, get it ready for using by following the "Care and Cleaning" instructions on page 7.



CONTROL PANEL

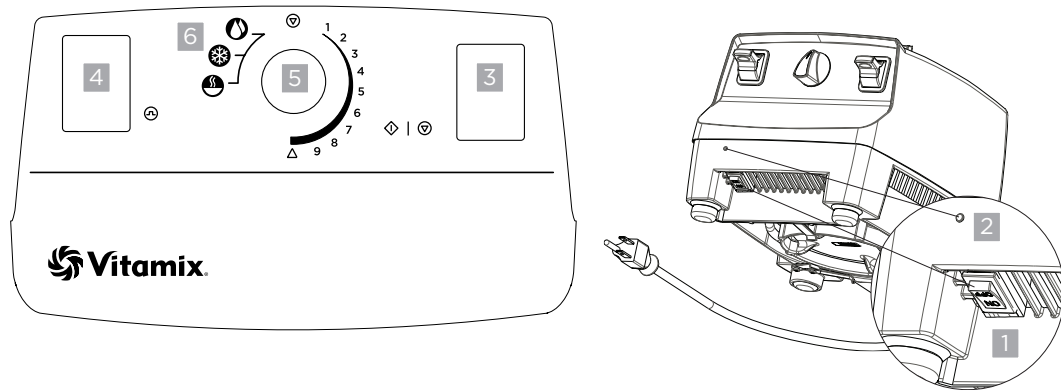
Total Nutrition Center, Total Nutrition Center S, Aspire and Pro-200 Models



- 1. On/Off Switch:** Push up to turn On (I). Push down to turn Off (O).
- 2. High/Variable Switch:** High (Δ) is the fastest speed available. Switch to Variable (∇) to activate the variable speeds. **Always make sure that the High/Variable Switch is set to Variable (∇) before lifting the On/Off Switch to the On (I) position.** Do not start your machine on High (Δ) speed.
- 3. Variable Speed Dial:** Selects many speed settings. It is active only when the High/Variable Switch is set in the Variable (∇) position.

CONTROL PANEL (CONTINUED)

Pro-500 and Total Nutrition Center 3 Models



1. **On/Off Switch (I)/(O):** The On/Off Switch controls the power to the machine base. The On/Off Switch is located on the front of the machine. After plugging in the unit, **make sure the marker on the Variable Speed Dial is pointed at the Stop Symbol (Ⓢ) at the top of the dial** and move the On/Off Switch to the On position.

Move the On/Off Switch to the Off position at night and whenever the machine will be left unattended.

If the On/Off switch is moved to the Off position to stop a program mid-cycle, wait 30 seconds for power to recycle and the timer to reset before moving the On/Off switch to the On position.

2. **On/Off Light:** The On/Off light is located on the front of the machine above the On/Off switch. When lit, the machine is plugged in and the On/Off switch is in the On position. The light will flash when a program is near completion.
3. **Start (◇)/Stop (Ⓢ) Switch:** After the marker on the Variable Speed Dial is rotated off of the Stop Symbol (Ⓢ) to either Variable Speed 1 or a Program setting, press the Start/Stop Switch to start the machine and initiate the blending process. Pressing the Start/Stop Switch again will stop the blending process.

Programs can be interrupted by pushing down the Start/Stop switch at any time. If reactivated by pushing down the Start/Stop switch, the program will start at the beginning.

4. **Pulse Switch (Ⓢ):** Variable Speed: Pressing down on the Pulse Switch will cause the machine to blend at the speed setting shown on Variable Speed Dial for as long as the Pulse Switch is held down. The Pulse function can be used when a program is selected. Pushing down the Pulse switch when a program is selected will cause the machine to run at 50% of high power for as long as the Pulse switch is pushed down.

5. **Variable Speed Dial:** The Variable Speed Dial serves two functions; the use of three programs settings or ten variable speed settings.

- To use programs: rotate the Variable Speed Dial to the left to the desired program.
- To use Variable Speed:
 - a. Rotate the Variable Speed dial right to 1.
 - b. Press down on the Start/Stop switch.
 - c. Rotate the Variable Speed dial between 1 and High during the blending cycle to increase or decrease the speed of the blades.
 - d. At the end of the blending cycle, rotate the Variable Speed Dial back to the Stop Symbol (Ⓢ).

6. **Programs:** Your machine is equipped with three program settings for the most commonly used recipes. Rotating the Variable Speed Dial left of center allows you to select a program for Smoothies, Frozen Desserts, and Hot Soups. These programs are optimized for these recipe categories, but may also work well with other recipe choices. Programs vary in blending speed and duration and will automatically stop at the end of the program. Programs can be interrupted by pushing down the Start/Stop switch at any time. If reactivated by pushing down the Start/Stop switch, the program will start at the beginning.

OPERATING INSTRUCTIONS

Important when using the Dry Blade Container:

Grinding dry material for more than two minutes could damage your machine. Regular use may result in cosmetic marring of the container and cause the blades to become dull over time. Grinding some herbs may release oils, causing the container to discolor permanently. Others have strong odors that may linger in the container, affecting the flavor of other foods. The grinding of some herbs and spices may also cause the blade to dull over time, or the container to crack.

⚠ CAUTION



Never Start on Speeds Above 1 with Hot Liquids to Avoid Possible Burns.

Escaping steam, splashes or contents may scald.

To secure the contents, lock the lid and lid plug securely in place prior to operating the machine.

Always start on Variable 1, slowly increase to 10.



1. Load the container before placing it on the motor base. Place liquids and soft foods in the container first, solid items and ice last. Although not necessary for blending, you may want to cut or break food into smaller pieces for more precise measuring of ingredients.
Take proper care when handling and processing hot ingredients and making hot soups and sauces.
2. Securely fasten the 2-part lid. Always use the complete 2-part lid when blending (unless the tamper is inserted through the lid plug opening). Especially when blending hot ingredients, make sure the lid is securely latched.
3. With the motor off, set the wet blade container on the motor base by aligning it over the centering pad. Do not attempt to put a container on an operating motor base or to operate a motor base without a container properly in place.
4. **Total Nutrition Center, Total Nutrition Center S, Aspire and Pro-200 Models** - Start with the High/Variable Switch in the Variable (⚡) position. Always start your machine on Variable Speed 1. Activate the machine by turning the On/Off Switch to On (I) then slowly increase to the desired speed on the Variable Speed Dial.
Pro-500 and Total Nutrition Center 3 Models - Start with the Variable Speed Dial pointed at the Stop Symbol (⏹). Move the On/Off switch to the On position. Use the Variable Speed dial to select the desired speed setting or program.
5. If the mixture stops circulating, insert the tamper through the lid plug and stir until it “burps.” If this does not work, press the On/Off switch to stop the motor. Remove the container from the motor base, and use a rubber spatula to press the air bubble away from the blades. Return the container to the motor base, replace the lid, and continue blending.
6. Due to the machine’s speed, processing times are much quicker than standard appliances. Use carefully to avoid over processing.
7. After turning the machine off, wait until the blades completely stop before removing the lid or container from the motor base.

HOW TO USE THE TAMPER

⚠ WARNING

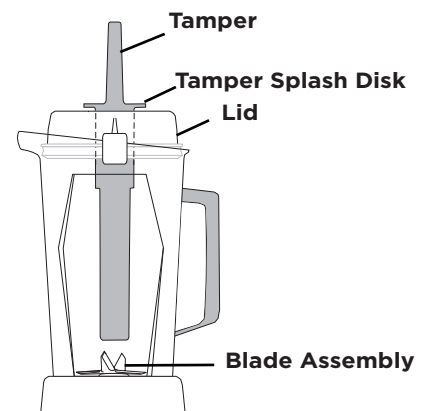


Rotating Blades Can Cause Severe Injury.

- **DO NOT** put hands, spatulas, etc. in the container while the machine is running or while the container is still on the base.
- Lids and tampers are not interchangeable between different container styles, types, and sizes. Use the tamper that was supplied with your machine. If you do not have the correct tamper for your container, contact your local Vitamix dealer or distributor.

IMPORTANT:

- The splash disk (near the top of the tamper) and lid prevent the tamper from hitting the blades when the lid is secured properly in the locked position.
- The container should not be more than two-thirds full when the tamper is used during blending.
- To avoid overheating during blending, DO NOT use the tamper for more than 30 consecutive seconds.
- If the food does not circulate, carefully remove the lid plug while making sure the lid stays firmly in place. Release the contents by inserting the tamper through the lid plug opening.
- Holding the tamper straight down may not help the ingredients circulate. If necessary, point the tamper toward the sides or corners of the container. DO NOT try to force the tamper deeper into the container.



CARE AND CLEANING

Container:

To prepare your new machine for initial use, follow the Normal Cleaning steps below. This will clean the unit, and break-in the motor.

Normal Cleaning:

1. Fill the container half full with warm water and add a couple drops of liquid dish washing detergent to the container.
2. Snap or push the complete 2-Part lid into locked position.
3. Select variable speed 1. Turn machine on and slowly increase speed to variable speed 10, then to High.
4. Run the machine on High speed for 30 to 60 seconds.
5. Turn off the machine, and rinse and drain the container.

To Sanitize:



1. Follow Normal Cleaning instructions above.
2. Fill the container half full with water and 1 ½ teaspoons of liquid bleach.
3. Snap or push the complete 2-Part lid into locked position.
4. Select variable speed 1. Turn machine on and slowly increase speed to variable speed 10, then to High.
5. Run the machine on High speed for 30 to 60 seconds.
6. Turn off the machine, and allow mixture to stand in the container for an additional 1 ½ minutes.
7. Pour bleach mixture out. Allow container to air dry.
8. Do not rinse after sanitizing.

Lid, Lid Plug and Tamper

Separate the lid and lid plug. Wash the parts in warm soapy water. Rinse clean under running water, and dry. Reassemble before use.

IMPORTANT: To ensure continued and effective performance, do not put the container, lid, lid plug or tamper in the dishwasher.

Motor Base

⚠ WARNING		
	Electrical Shock Hazard. Disconnect power before cleaning machine. Failure to follow instructions can cause death or electrical shock.	

1. Unplug the power cord.
2. Wash the outside surface with a damp soft cloth or sponge, which has been rinsed in a mild solution of liquid detergent and warm water. Do not place the motor base in water.
3. The centering pad can be removed for more thorough cleaning.
4. Thoroughly clean the switches so they work freely. They may become sticky from use. Use a moistened cotton swab to clean the grooves around the water-shielded switches. Immediately dry any excess water.
5. Polish with a soft cloth.

TROUBLESHOOTING

Your Vitamix motor is designed to protect from overheating and overcurrent conditions during use. Both features will shut off the motor. The motor will possibly emit a slight odor. Follow the procedures below to reset the motor for either situation. If you continue to experience problems after following these instructions, contact your local distributor immediately for instructions.

Overheat Protection Reset Procedure

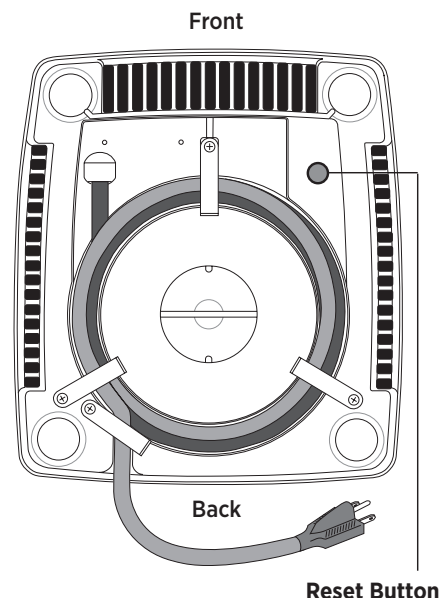
If the motor shuts off due to overheating while blending, allow the machine to cool for 20 to 45 minutes before beginning another blending cycle. If the motor will not start after being allowed to cool, perform the Automatic Overcurrent Protection Reset Procedure below.

Overcurrent Protection Reset Procedure

1. Push the On/Off switch down to the Off position (O).
2. Unplug the unit.
3. Remove the container.
4. Turn the motor base on its side.
5. Press the reset button on the bottom of the machine.
6. Plug unit in and continue with the blending cycle.

Tips to prevent “overloading” your Vitamix machine:

- Process only Vitamix recipes when learning to use the machine
- Do not process recipes at lower or higher speeds than recommended
- Do not process recipes longer than recommended
- Use your tamper to process thicker mixtures and keep ingredients moving around and through the blades



SPECIFICATIONS

Refer to the product label on the machine for Motor and Electrical specifications.

If you are buying a new electrical item, the Waste Electrical or Electronic Equipment (WEEE) Directive will recycle your old one for free (where applicable).

This product has been supplied from an environmentally aware manufacturer that complies with the Waste Electrical and Electronic Equipment (WEEE) Directive 2002/96/CE.

Used appliances may not be disposed of in the dustbin! If the appliance has reached the end of its service life, **every user is obliged by law not to dispose of used appliances in the domestic dustbin, but rather separated from household trash**, e.g. at a community or neighbourhood collection point. This is to ensure that used appliances are professionally recycled in order to avoid damage to the environment. That is why electric appliances are marked with the following symbol:



Find more information on WEEE recycling and locate your local recycling centre at www.recyclenow.com.

WARRANTY AND SERVICE

Refer to vitamix.com/international for distributor listing for information about warranty and service.

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VITAMIX BLENDERE

Brukerhåndbok

Forhandler / Distributør: Denne håndboken MÅ gis til sluttbrukeren.

Bruker: Les og lagre disse instruksjonene.

Modeller som dekkes i denne håndboken:

(Noen modeller er ikke tilgjengelige i alle land)

Aspire (alle modeller)

Total Nutrition Center

Total Nutrition Center S

Total Nutrition Center 3

Pro-200

Pro-500

For å se hele serien av Vitamix-produkter, besøk
vitamix.com.



Vita-Mix® Corporation
8615 Usher Road
Cleveland, OH 44138-2103 USA.
+1 440 235 4840
vitamix.com/international

Se på vitamix.com for liste over internasjonale distributører for informasjon om garanti og service.

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SYMBOLER



Advarsel



**Høy temperatur når
varme væsker blandes**



Ikke legg i bløt



**Les og forstå
brugerhåndboken**



**Brukes med lokk og
lokkplugg på plass**



Fare for elektrisk støt



**Berør aldri deler som er i
bevegelse. Hold hender
og kjøkkenutstyr
utenfor beholderen**



**Kobles fra stikkontakten
når den ikke er i bruk, før
rengjøring, før tilleggsutstyr
byttes, eller når du kommer
i nærheten av deler som
beveger seg under bruk**



**Ikke før elementer
inn i beholderen når
blenderen er i bruk**

BRUKSOMRÅDE

1. Denne blenderen er ment til PRIVAT BRUK, og er ikke ment å bli brukt til å tilberede mat for kommersielt salg eller andre kommersielle formål. Dette apparatet er ment å brukes i husholdninger i tillegg til bruk på bondegårder og av hotell- og motellgjester og i andre typer bomiljøer.
2. Denne blenderen er ikke beregnet for bruk av personer med redusert fysisk, sensorisk eller psykisk helse, eller som mangler erfaring og kunnskap, med mindre de får tilsyn eller instruksjoner om bruk av apparatet fra en person som er ansvarlig for deres sikkerhet.
3. Denne blenderen er ikke ment til å bli brukt av barn. Tett oppfølging er nødvendig når den brukes i nærheten av barn. Barn bør passes på for å sørge for at de ikke leker med blenderen.

TA VARE PÅ DISSE INSTRUKSJONENE

MERKNAD: HVIS NOEN AV DE VIKTIGE SIKKERHETSTILTAKENE OG DE VIKTIGE INSTRUKSJONENE FOR TRYGG BRUK IKKE FØLGES, VIL DETTE VÆRE MISBRUK AV VITAMIX-BLENDEREN OG KAN FØRE TIL AT GARANTIEEN BLIR UGYLDIG, OG SKAPE RISIKO FOR ALVORLIG PERSONSKADE.

VIKTIGE INSTRUKSJONER FOR TRYGG BRUK

⚠ ADVARSEL



For å unngå personskade.

Les og forstå bruksanvisningen før denne maskinen tas i bruk.
Grunnleggende sikkerhetsregler skal følges, herunder følgende.



1. Les alle instruksjoner, sikkerhetstiltak og advarsler før blenderen brukes.
2. Blenderen må kun brukes når den står på en jevn, stabil overflate uten vannansamlinger. Pass på at beholderen, motordelen eller strømledningen ikke kommer i kontakt med varme overflater eller henger over kanten på bord eller benker.
3. Ikke fyll beholderen utover angitt kapasitet. Maksimal kapasitet er markert på beholderen.
4. Begynn alltid blandingen med lokk og lokkplugg godt på plass. Ikke bruk blenderen uten at lokket er på plass. Lokkpluggen skal kun fjernes når ingredienser legges i, eller når rørepinnen brukes.
5. Rørepinnen som passer din beholder kan kun brukes når lokket sitter godt på plass. Bruk det lokket og den rørepinnen som passer til din beholder. Lokk og rørepinner kan ikke byttes mellom beholdere av ulike former, typer og størrelser. Hvis en rørepinne ble levert med din beholder, er det den riktige rørepinnen til bruk med den beholderen.
6. Sett alltid bryteren for hastighetsregulering på 1 når blenderen startes, og høy/lav-bryteren i posisjon lav. For å unngå mulige brannskader må aldri blenderen startes på hastigheter over 1, eller med høy/lav-bryteren i posisjon høy når varme væsker blandes. Bland alltid varme væsker med lokk og lokkplugg godt på plass. Hold hender og annen bar hud unna lokkpluggen når varme væsker blandes.
7. Berør aldri deler som er i bevegelse. Slå av apparatet og vent til knivene slutter å bevege seg før beholderen tas ut av motordelen og åpnes.
8. Slå av apparatet og koble fra strømforsyningen før du skifter tilbehør eller nærmer deg deler som beveger seg under bruk.
9. Ikke legg igjen eller lagre fremmedlegemer, slik som skjeer, gafler, kniver eller lokkpluggen i beholderen. Hvis blenderen startes med et fremmedlegeme i beholderen vil blenderen bli skadet og det kan føre til personskade.
10. Ikke bruk blenderen hvis ledningen eller støpselet er skadet. Hvis strømledningen er skadet, må den byttes ut av produsenten, forhandleren eller tilsvarende kvalifisert personell for å unngå fare.
11. Knivene er skarpe. Vær ytterst forsiktig ved tømning og rengjøring av beholderen for å unngå personskade.
12. For å forhindre muligheten for alvorlig personskade, eller skade på maskinen, må hender og kjøkkenutstyr holdes utenfor beholderen under blanding. En gummiskrape eller en slikkepott kan brukes, men bare når beholderen er fjernet fra motordelen og knivene ikke er i bevegelse.
13. Ikke bruk en beholder med kniver som er løse eller ødelagte. Knivmontasjen må ikke fjernes fra beholderen. Kontakt nærmeste Vitamix- autoriserte servicerepresentant for service eller bytte.
14. Ikke til bruk utendørs.
15. Når nøttesmør eller oljebaserte matvarer lages må ikke blandingen kjøres i mer enn ett minutt etter at den har begynt å sirkulere i beholderen. Kjøring over lengre tid kan føre til skade på beholderen og at motoren blir for varm.

⚠ ADVARSEL



Fare for elektrisk støt, brannfare eller personskade.

Koble alltid fra strømmen før rengjøring av motordelen, eller når den ikke er i bruk.
Legg aldri motordelen i vann eller annen væske.
Ingen deler på beholderen eller motordelen skal endres eller modifiseres.
Ikke bruk tilleggsutstyr som ikke er uttrykkelig godkjent av eller selges av Vitamix.
Kobles kun til jordet stikkontakt.

IKKE fjern jordingen.

IKKE bruk en adapter.

IKKE bruk en skjøteledning.

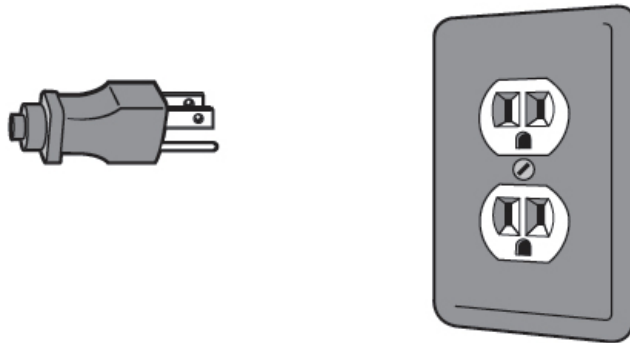
Dersom disse instruksjonene ikke følges kan det føre til død eller elektrisk støt.



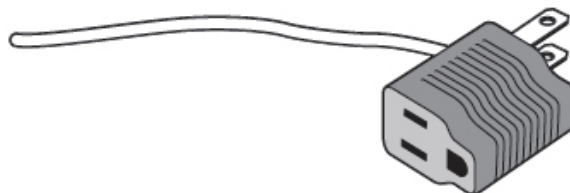
KLARGJØRING FOR BRUK

Plasser Vitamix-blenderen på en jevn, tørr overflate. Påse at strømbryteren er slått av før støpselet settes inn i stikkontakten. Vi anbefaler å bruke en jordet stikkontakt.

Strømledningen har et tre-pinnet støpsele eller et jordet støpsele. Dette designet gir sikkerhet ved tilkobling til jord. Dette støpselet kan plugges inn i en standard tre-pinnet stikkontakt.

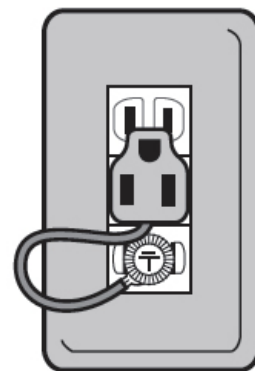


Hvis du ikke har en tre-pinnet stikkontakt kan strømledningen plugges inn i en vanlig to-pinnet stikkontakt med bruk av en adapter.



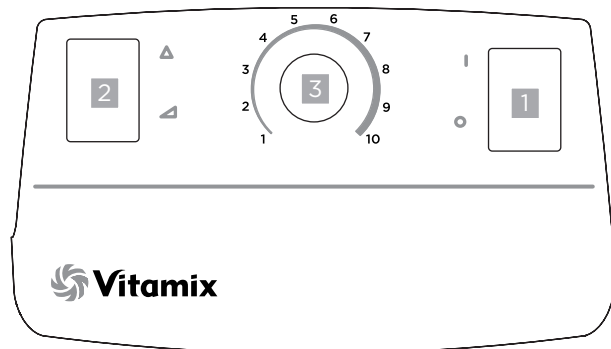
Kontakt en elektriker hvis du er usikker på om ditt elektriske anlegg har tilkobling til jord. Når maskinen kobles til en to-pinnet stikkontakt, sørg da først for at stikkontakten er riktig tilkoblet. Koble den deretter til stikkontaktens jordingsskrue.

Så snart Vitamix-blenderen er riktig tilkoblet, kan den klargjøres for bruk ved å følge instruksjonene «Stell og rengjøring» på side 55.



KONTROLLPANEL

Modellene Total Nutrition Center, Total Nutrition Center S, Aspire og Pro-200



- 1. På/Av-bryter:** Trykk opp for å slå på (I). Trykk ned for å slå av (O).
- 2. Høy-/variabel-bryter:** Høy (Δ) er den raskeste hastigheten. Bytt til variabel (∇) for å aktivere variable hastigheter. **Sørg alltid for at høy-/variabel-bryteren er satt til variabel (∇) før På/Av-bryteren settes i posisjon På (I).** Ikke start maskinen på høy (Δ) hastighet.
- 3. Bryter for variabel hastighet:** Velger mange hastighetsinnstillinger. Den er kun aktiv når Høy-/variabel-bryteren er satt til posisjon variabel (∇).



VITAMIX BLENDERS

Dealer/Distributor: This manual MUST be given to the end user.

User: Read and save these instructions.

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Models covered in this manual:

(Some models not available in all countries)

Aspire (all models)

Total Nutrition Center

Total Nutrition Center S

Total Nutrition Center 3

Pro-200

Pro-500

To see the complete line of Vitamix products,
visit **vitamix.com**.



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vitamix.com/international

Refer to vitamix.com/international for distributor listing for information about warranty and service.

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SYMBOLS



Warning



**High temperature
when blending hot
liquids**



Do not immerse



**Read and understand
owner's manual**



**Operate with lid and
lid plug in place**



Electrical shock hazard



**Never touch moving
parts. Keep hands
and utensils out of
container**



**Unplug while not in
use, before cleaning,
changing accessories
or approaching parts
that move in use**



**Do not insert items
into container while
blender is in use**

INTENDED USE

1. This blender is intended for **HOUSEHOLD USE ONLY** and is not intended to be used to prepare food for commercial sale or in other commercial uses. This appliance is intended to be used in household applications in addition to use in farmhouses and by clients in hotels, motels, and other residential type environments.
2. This blender is not intended for use by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
3. This blender is not intended for use by children and close supervision is necessary when used near children. Children should be supervised to ensure that they do not play with the blender.

SAVE THESE INSTRUCTIONS

NOTICE: THE FAILURE TO FOLLOW ANY OF THE IMPORTANT SAFEGUARDS AND THE IMPORTANT INSTRUCTIONS FOR SAFE USE IS A MISUSE OF YOUR VITAMIX BLENDER THAT CAN VOID YOUR WARRANTY AND CREATE THE RISK OF SERIOUS INJURY.

IMPORTANT INSTRUCTIONS FOR SAFE USE

⚠ WARNING



To Avoid Injury.

Read and understand instruction manual before using this machine.
Basic safety precautions should be followed, including the following.



1. Read all instructions, safeguards, and warnings before operating blender.
2. Operate only when the blender is on a flat and stable surface, free from standing water. Do not let the container, motor base or power cord touch hot surfaces or hang over the edge of a table or counter.
3. Do not fill the container beyond its stated capacity. The maximum capacity is marked on the container.
4. Always begin blending with lid and lid plug firmly in place. Do not operate blender with the lid removed. The lid plug should be removed only when adding ingredients and when using the tamper.
5. The tamper fitting your container can only be used when the lid is firmly locked in place. Use the lid and the tamper that fit your container. Lids and tampers are not interchangeable between different container styles, types, and sizes. If a tamper came with your container, it is the correct tamper for use with the container.
6. Always start the blender with the variable speed dial set to 1 and the High/Low switch in the low position. Never start on speeds above 1 or with the High/Low Switch in the the high position when blending hot liquids to avoid possible burns. Always blend hot liquids with the lid and lid plug firmly in place. Keep hands and other exposed skin away from the lid plug when blending hot contents.
7. Never touch moving parts. Switch off the appliance and wait until the blades stop moving before removing the container from the motor base and opening the container.
8. Switch off the appliance and disconnect from power supply before changing accessories or approaching parts that move in use.
9. Do not leave or store foreign objects, such as spoons, forks, knives or the lid plug in the container. Starting the blender with a foreign object in the container will damage the blender and may cause injury.
10. Do not operate the blender with a damaged cord or plug. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
11. Blades are sharp. Use extreme care when emptying the bowl and during cleaning to avoid injury.
12. Keep hands and utensils out of container while blending to reduce the risk of severe injury to persons or damage to the blender. A rubber scraper or spatula may be used, but only when the container is removed from the motor base and the blades are not moving.
13. Do not operate with loose or damaged blades. Do not remove blade assembly from the container. Contact your nearest Vitamix authorized service representative for service or replacement.
14. Do not use outdoors.
15. When making nut butters or oil-based foods, do not process for more than one minute after the mixture starts to circulate in the container. Processing for longer periods can cause damage to the container and motor overheating.

⚠ WARNING



Electrical Shock Hazard, Risk of Fire or Injury.

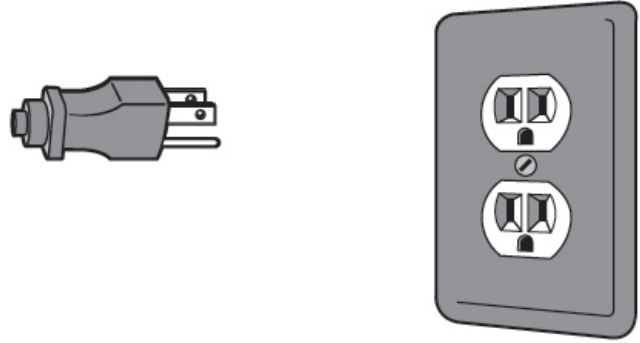
Always disconnect power before cleaning motor base or when not in use.
Do not put the motor base in water or other liquid.
Do not alter or modify any part of the motor base or container.
Do not use attachments not expressly authorized or sold by Vitamix.
Use grounded outlet only.
DO NOT remove ground.
DO NOT use an adapter.
DO NOT use an extension cord.
Failure to follow instructions can cause death or electrical shock.



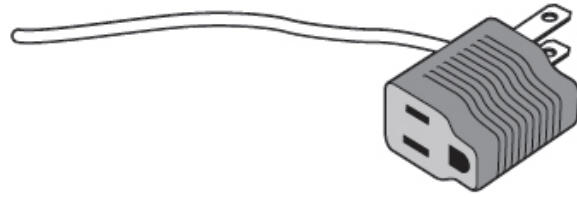
PREPARING FOR USE

Please place the Vitamix in a level, dry location. After ensuring that the power switch is off, insert the plug into the outlet. We recommend using an outlet that has a ground connector.

The power cord has a three-prong plug, or grounded plug. This design is for safety by connecting to ground. This plug can be inserted into a standard three prong outlet.

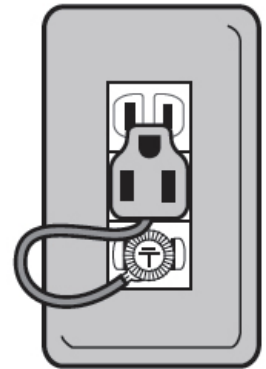


If you do not have a three-prong outlet, you can plug the power cord into a typical two prong outlet by using an adapter.



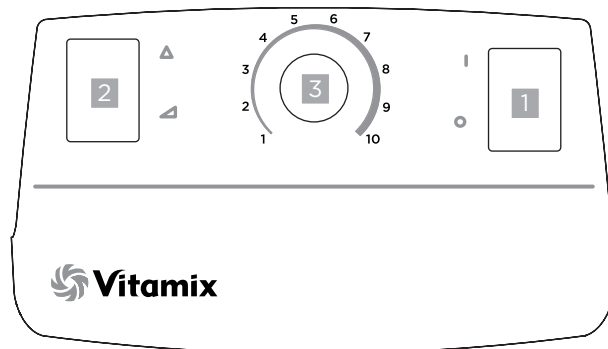
If you are uncertain whether your outlet's electrical wiring is connected to ground, please consult with an electrician. When connecting the machine to a two prong outlet, first ensure that the outlet is wired correctly, then connect it to the outlet's grounding screw.

Once your Vitamix is correctly plugged in, get it ready for using by following the "Care and Cleaning" instructions on page 7.



CONTROL PANEL

Total Nutrition Center, Total Nutrition Center S, Aspire and Pro-200 Models



- 1. On/Off Switch:** Push up to turn On (I). Push down to turn Off (O).
- 2. High/Variable Switch:** High (Δ) is the fastest speed available. Switch to Variable (Δ) to activate the variable speeds. **Always make sure that the High/Variable Switch is set to Variable (Δ) before lifting the On/Off Switch to the On (I) position.** Do not start your machine on High (Δ) speed.
- 3. Variable Speed Dial:** Selects many speed settings. It is active only when the High/Variable Switch is set in the Variable (Δ) position.